

Entrees

Lasagna 14

Layers of pasta and cheese baked with meatballs & sausage.

Gumbo 10

Traditional New Orleans Gumbo with shrimp, chicken and Andouille sausage served over rice.

Classic Italian 15

Pasta served with our homemade meatballs or sausage tossed with your choice of marinara or Pesto sauce

Gluten Free Pasta available

Gnocchi con Mozzarella 12

Fluffy potato dumplings with house made red sauce tossed with fresh mozzarella

Add Meatballs or Chicken...4

Butternut Ravioli 15

Freshly made butternut squash ravioli sautéed with chicken, cherry tomatoes & spinach. Finished with a gorgonzola cream sauce

***Scallops al Fresco 22**

Pan seared scallops served over a lemon herb risotto & with a sauté of fresh baby spinach.

Finished with a lemon Dijon sauce

Haddock Theresa 17

Fresh roasted Atlantic Haddock fillet in white wine & lemon juice. Topped with a lemon pesto mayonnaise & breadcrumbs

Can be made Gluten free

***Ginger Salmon 18**

Fresh salmon filet seared with a ginger & lime cilantro reduction. Served over jasmine rice & sautéed baby spinach

***Flip Flops Mac n Cheese 12**

Our signature mac-n-cheese.

BBQ Pulled Pork 15

Crispy buffalo chicken 14

Crispy chicken tenders 14

Portuguese Fish Stew 18

Shrimp, haddock, scallops, calamari, mussels, kale & chorizo. Sautéed in a red wine marinara sauce tossed with your choice of pasta

Eggplant Rollatini 14

Ricotta filled fried eggplant rollatini oven baked & topped with our homemade marinara sauce & mozzarella cheese. Served with cavatappi pasta

***Grilled Tips 17**

Grilled marinated shoulder tenderloin beef tips set over a mushroom risotto

Braised Short Ribs 18

Beer braised short ribs over red bliss smashed potatoes. Served with a side of sautéed Brussel sprouts

Bavarian Chicken 15

Crushed pretzel encrusted fried chicken breasts with a whole grain mustard sauce & served with Brussel sprouts & spätzle. **Cannot be made Gluten free**

***Grilled NY Sirloin 21**

A 12 oz. choice New York sirloin grilled with your choice of Montreal seasonings, Au Poive or Plain. Served with your choice of side.

***Jambalaya 16**

Pulled roasted chicken breast, andouille sausage & shrimp. Finished in a lightly spiced tomato based broth with celery, onions, bell peppers, rice & jalapeños.

Sides

Sautéed Spinach, Roasted garlic smashed potatoes, Jasmine rice, Fries, Green beans, Risotto or Mixed vegetable

*** Gluten Free or can be made Gluten free. Just ask your server**

Salads

***Winter Arugula 11**

Fresh arugula tossed with butternut & acorn squash. Topped with pumpkin spiced candied pecans, goat cheese & crispy pancetta. Served with a side of cranberry pomegranate vinaigrette

***Caesar Salad 7**

Classically prepared . . . available with or without anchovies

***The Wedge 8**

Crisp iceberg, tomatoes, smoked bacon, candied pecans and blue cheese dressing.

***Mixed Green 6**

Baby greens with tomatoes, cucumbers, onions & peppers. Choice of dressing

***Mediterranean 9**

Romaine & mixed greens with red onion, cucumber, tomatoes, olives, feta cheese & toasted pita chips. Finished with a lemon mint dressing

***Beet Salad 9**

Salt roasted beets, arugula & red onions tossed with lemon thyme vinaigrette. Topped with toasted almonds & crumbled goat cheese

Salad Add-ons

Steak Tips . . . 7 Grilled Shrimp . . . 6
Chicken Breast . . . 4
Salmon Filet . . . 8
Buffalo Chicken Tenders . . . 5
Scallops...10

Sandwiches

All sandwiches served with fries except for tacos

Fish Tacos 10

Fried fish wrapped in grilled tortillas served with lettuce, jalapeno – vegetable salsa & cilantro garlic aioli. No fries

Pesto Chicken Sandwich 9

Grilled chicken breast, roasted red peppers, pesto and provolone.

Pastrami Rubeen 10

Sliced black pastrami, Swiss cheese, Thousand Island dressing & sauerkraut served on marble rye

Pretzel Smetzel 9

Pretzel encrusted fried chicken breast topped with Swiss cheese served on a toasted brioche roll with lettuce, tomato & honey mustard dressing

Flips Mac Attack 13

A 10 oz. burger stuffed with our homemade mac & cheese topped with cheese sauce & bacon. Served on a toasted brioche roll

Classic Burger 9

8 oz. burger served with lettuce, tomato & pickle on a toasted brioche roll.

Or add your own toppings-additional

Bison Burger 14

A seasoned chipotle bison burger with roasted red peppers, pepper jack cheese and spicy apricot mustard. Served on a brioche roll

Veggie Burger 9

Grilled veggie burger . . . topped with a portabella mushroom, basil, mozzarella cheese & a garlic aioli. Served on a brioche roll

BBQ Pulled Pork 10

Smoked & spiced rubbed BBQ pork topped with slaw & fried onions. Served on a brioche roll

*** Have a Gluten Free roll instead...1**

Brick Oven Pizza

House Special Pizzas

Margherita

Italy's original: Crushed peeled tomatoes, fresh mozzarella, and fresh basil...

Small 10 Large 15

Mexican

Ground beef, black olives, onions, peppers & fresh salsa. Topped with a blend of pepper jack, cheddar & mozzarella cheese.

Small...14 Large...20

Genovese

Freshly made pesto sauce, grilled chicken, roasted red peppers, and fresh mozzarella...

Small 12 Large 18

BLT

Apple smoked bacon, fresh tomatoes & topped with your choice of a lettuce & mayo blend or fresh spinach

small 11 Large 17

Four Little Pigs

For the meat lovers. Ham, sausage, pepperoni, and apple smoked bacon

small 13 Large 19

Flying Dragon

Crispy chicken tossed with sweet chili sauce on a ranch base topped with mozzarella cheese & fried onions

Small 12 Large 18

The BRB

Or call it the "girl's night out". Onions, goat cheese, garlic, mozzarella, fresh herbs and spinach . . .

Served with sauce on the side. . .

Small 12 Large 17

Spin Dip

Our homemade spinach dip mix topped with chicken & mozzarella cheese

Small 12 Large 18

Build Your Own Pizza

Plain cheese...small 8 Large 12

With Pesto Sauce, Alfredo Sauce or BBQ Sauce

add 1.00 small 2.00 Large

Fresh Toppings small...1 Large...2

Calzone and Stromboli

Cheese and side of sauce...7.00 or build your own (\$1 per topping)

Gluten Free Pizza

Tomato & mozzarella ...small 12

Toppings

Capers, Garlic,

Roasted Garlic,

Eggplant, Green Peppers,

Hot Roasted Peppers,

Red Peppers, Artichoke Hearts,

Broccoli, Black olives,

Mushrooms, Onions,

Spinach, Fresh Tomatoes,

Sun-dried Tomatoes

Caramelized Onions,

Basil, Pineapple

Pepperoni, Bacon,

Prosciutto, Ham, Anchovies,

Chicken (plain, BBQ, spicy or Asian),

Ground Beef, Meatballs,

Sausage (sweet or hot)

Feta cheese,

Gorgonzola,

Fresh Mozzarella,

Ricotta,

Goat cheese

*Consuming raw or undercooked meats and shellfish greatly increases your risk of food borne illness

*Please inform your server if anyone in your party has a food allergy before ordering

Starters

Soup of the day cup 4 bowl 6

Firecracker Shrimp 8

Crispy fried popcorn shrimp tossed in our special hot sauce with blue cheese. Or Just Good old popcorn shrimp

Risotto Crab Cakes 8

A blend of risotto & crab lightly breaded & pan fried. Finished with a lemon dill aioli

Sweet Potato Tot's 6

Crispy fried shredded sweet potato nuggets served with a siracha mayo dipping sauce

Fresh Baked Pretzels 7

Served with a house made mustard and cheese sauce

Fried Calamari 9

Crispy fried calamari tossed with hot peppers

Pepperoni or Sausage Poppers 7

Bites of our house made pizza dough filled with pepperoni or sausage, garlic & parm cheese. Served with marinara sauce

The Goat 8

Panko & herb encrusted pan fried goat cheese with sliced homemade toasted bread, honey & house made berry jam

Flippin Wings 8

You make the call . . . Grilled Fire wings, Siracha BBQ, Buffalo, Teriyaki or plain. Bone in or boneless. No combos PLEASE 😊

Bacon Cheeseburger Rolls 7

All the fixins wrapped in wonton paper and deep fried . . . served with "special sauce"

Fried Green Beans 6

Country style battered fried green beans with a fiery roasted jalapeno ranch dip

Fenway Quesadilla 8

Sweet or spicy sausage, roasted red peppers, onions & mozzarella cheese baked in a flour tortilla. Served with a side of sour cream

Southern Fried Pickles 6

Served with a parmesan ranch dipping sauce

***Spinach and Artichoke Dip 9**

Cheesy bubbling hot spinach and artichoke dip served with homemade pita bread for dipping Add \$4 for Gluten Free

Homemade Meatballs 8

A trio of our Chef's house made ground pork & beef meatballs served with marinara sauce, shaved pecorino cheese & garlic bread sticks

***STFU Notches 9**

Homemade fried potato nachos (CHIPS) topped with BBQ, Jack cheese, bacon, tomatoes and scallions . . . Served with ranch dip. **BBQ Pulled pork add...3**

***Hummus 6**

Served with freshly baked pita bread Add \$4 for Gluten Free

Basket O Fries (seasoned) 4

Add 2.00 for Oven melted cheese

Raw Bar

A selection of the freshest shellfish available . . . Priced Daily

Gluten Free

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