

## Entrees

### **Lasagna 14**

Layers of pasta and cheese baked with meatballs & sausage.

### **\*Gumbo 10**

Traditional New Orleans Gumbo with shrimp, chicken and Andouille sausage served over rice.

### **Classic Italian 13**

Pasta served with our homemade meatballs or sausage tossed with your choice of marinara or Pesto sauce

**Gluten Free Pasta available 5**

### **Gnocchi con Mozzarella 12**

Fluffy imported Italian potato dumplings with house made red sauce tossed with fresh mozzarella

**Add Meatballs or Chicken 4**

### **Summer Harvest Ravioli 17**

Freshly made ravioli filled with corn, sundried tomatoes, artichokes & marscapone cheese. Tossed with a lemon butter sauce, spinach & chicken

### **\*Scallops al Fresco 22**

Pan seared scallops served over a lemon herb risotto & with a sauté of fresh baby spinach. Finished with a lemon Dijon sauce

### **Haddock Theresa 17**

Fresh roasted Atlantic Haddock fillet in white wine & lemon juice. Topped with a lemon pesto mayonnaise & breadcrumbs. Choice of two sides

**Can be made Gluten free**

### **\*Teriyaki Salmon 18**

Fresh seared salmon filet glazed with our house teriyaki. Served over jasmine rice & sautéed baby spinach

### **\*Cajun Blackened Salmon 18**

Served over Cajun dirty rice

### **Flip Flops Mac n Cheese 12**

Our signature mac-n-cheese.  
BBQ Pulled Pork 15  
Crispy buffalo chicken 14  
Crispy chicken tenders 14

### **Flip Flops Seafood Casserole 18**

Haddock, scallops & shrimp baked with a ritz crumble in a white wine lemon butter sauce. Served with your choice of side

### **\*Grilled Tips 17**

Grilled marinated shoulder tenderloin beef tips set over a mushroom risotto

### **\*Braised Short Ribs 18**

Beer braised short ribs over red bliss smashed potatoes. Served with a side of sautéed Brussel sprouts

### **Bavarian Chicken 16**

Crushed pretzel encrusted fried chicken breasts with a whole grain mustard sauce & served with Brussel sprouts & spätzle.

**Cannot be made Gluten free**

### **\*Grilled NY Sirloin 19**

A 12 oz. choice New York sirloin grilled with your choice of Montreal seasonings, Au Poive or Plain. Served with your choice of sides

### **\*Jambalaya 16**

Pulled roasted chicken breast, andouille sausage & shrimp. Finished in a lightly spiced tomato based broth with celery, onions, bell peppers, rice & jalapeños.

### **Sides**

Sautéed Spinach, Roasted garlic smashed potatoes, rice, Fries, Green beans, Risotto or Mixed vegetable

**\* Gluten Free or can be made Gluten free.  
Just ask your server**

## Salads

### \*Caprese 8

Vine ripened tomatoes, fresh mozzarella & basil. Finished with a garlic oil & balsamic reduction

### \*Caesar Salad 8

Classically prepared . . . available with or without anchovies

### \*The Wedge 9

Crisp iceberg, tomatoes, smoked bacon, candied pecans and blue cheese dressing.

### \*Mixed Green 6

Baby greens with tomatoes, cucumbers, onions & peppers. Choice of dressing

### \*Mediterranean 9

Romaine & mixed greens with red onion, cucumber, tomatoes, olives, feta cheese & toasted pita chips. Finished with a lemon mint dressing

### \*Super Green 10

Arugula, spinach & kale tossed with a roasted garlic & basil vinaigrette. Topped with grilled asparagus, sliced cucumbers, edamame beans scallions & avocado

### \*Berry Nutty 10

Mixed greens dressed with a walnut – raspberry vinaigrette. Topped with blueberries, sliced strawberries, crumbled goat cheese, slivered almonds & chopped bacon

### Salad Add-ons

Steak Tips . . . 7      Grilled Shrimp . . . 6  
Chicken Breast . . . 4  
Salmon Filet . . . 8  
Buffalo Chicken Tenders . . . 5  
Scallops . . . 10

## Sandwiches

All sandwiches served with fries except for tacos

### Fish Tacos 10

Fried fish wrapped in grilled tortillas served with lettuce, jalapeno – vegetable salsa & cilantro garlic aioli. No fries

### \*Mediterranean Wrap 10

Grilled chicken, hummus, romaine & mixed greens with red onion, cucumber, tomatoes, olives, feta cheese & toasted pita chips. Finished with a lemon mint dressing

### Pastrami Rubeen 10

Sliced black pastrami, Swiss cheese, Thousand Island dressing & sauerkraut served on marble rye

### Pretzel Smetzel 9

Pretzel encrusted fried chicken breast topped with Swiss cheese served on a toasted brioche roll with lettuce, tomato & honey mustard dressing

### Turkey Burger 10

Dressed mixed greens, tomato, avocado & pickled red onions. Served on a toasted brioche roll

### Classic Burger 9

8 oz. burger served with lettuce, tomato & pickle on a toasted brioche roll.

**Or add your own toppings-additional**

### BBQ Pulled Pork 10

Smoked & spiced rubbed BBQ pork topped with slaw & fried onions. Served on a brioche roll

### Bison Burger 14

A seasoned chipotle bison burger with roasted red peppers, pepper jack cheese and spicy apricot mustard. Served on a brioche roll

### Veggie Burger 9

Grilled veggie burger . . . topped with a portabella mushroom, basil, mozzarella cheese & a garlic aioli. Served on a brioche roll

**\* Have a Gluten Free roll instead for a buck**

# Brick Oven Pizza

## House Special Pizzas

### Margherita

Italy's original: Crushed peeled tomatoes, fresh mozzarella, and fresh basil...  
Small 10 Large 15

### Genovese

Freshly made pesto sauce, grilled chicken, roasted red peppers, and fresh mozzarella...  
Small 12 Large 18

### BLT

Apple smoked bacon, fresh tomatoes & topped with your choice of a lettuce & mayo blend or fresh spinach  
small 11 Large 17

### Four Little Pigs

For the meat lovers. Ham, sausage, pepperoni, and apple smoked bacon  
small 13 Large 19

### The BRB

Or call it the "girl's night out". Onions, goat cheese, garlic, mozzarella, fresh herbs and spinach . . .  
Served with sauce on the side. . .  
Small 12 Large 17

### Build Your Own Pizza

Plain cheese...small 8 Large 12  
With Pesto Sauce, Alfredo Sauce or BBQ Sauce  
add 1.00 small 2.00 Large

Fresh Toppings small...1 Large...2

### Calzone and Stromboli

Cheese and side of sauce 7  
or build your own (\$1 per topping)

### Gluten Free Pizza

Tomato & mozzarella ...small 13

### Toppings

Artichoke Hearts  
Basil  
Black olives  
Broccoli  
Capers  
Caramelized Onions,  
Eggplant  
Garlic  
Green Peppers  
Hot Roasted Peppers  
Mushrooms  
Onions  
Pineapple  
Red Peppers  
Roasted Garlic  
Spinach, Fresh Tomatoes,  
Sun-dried Tomatoes

Anchovies  
Bacon  
Chicken (plain, BBQ, spicy or Asian)  
Ground Beef  
Ham  
Meatballs  
Pepperoni  
Prosciutto  
Sausage (sweet or hot)

Feta cheese  
Goat cheese  
Gorgonzola  
Fresh Mozzarella  
Ricotta

\*Consuming raw or undercooked meats and shellfish greatly increases your risk of food borne illness

\*Please inform your server if anyone in your party has a food allergy before ordering

## Starters

**Soup of the day** cup 4 bowl 6

### **Firecracker Shrimp 8**

Crispy fried popcorn shrimp tossed in our special hot sauce with blue cheese. Or Just Good old popcorn shrimp

### **\*Mussels alla Vincenzo 8**

Prince Edward Island mussels pan steamed in white wine, lemon and garlic . . . finished with evoo

### **Risotto Crab Cakes 8**

A blend of risotto & crab lightly breaded & pan fried. Finished with a Cajun remoulade

### **Sweet Potato Fries 6**

Crispy fried sweet potato fries served with a honey mustard

### **Fresh Baked Pretzels 7**

Served with a house made mustard and cheese sauce

### **Fried Calamari 9**

Crispy fried calamari tossed with hot peppers

### **Pepperoni or Sausage Poppers 7**

Bites of our house made pizza dough filled with pepperoni or sausage, garlic & parm cheese. Served with marinara sauce

### **The Goat 8**

Panko & herb encrusted pan fried goat cheese with sliced homemade toasted bread, honey & house made berry jam

### **Flippin Wings 8**

You make the call . . . Grilled Fire wings, Siracha BBQ, Buffalo, Teriyaki or plain. Bone in or boneless. No combos PLEASE 😊

### **Bacon Cheeseburger Rolls 7**

All the fixins wrapped in wonton paper and deep fried . . . served with "special sauce"

### **Fried Green Beans 6**

Country style battered fried green beans with a fiery roasted jalapeno ranch dip

### **Fenway Quesadilla 8**

Sweet or spicy sausage, roasted red peppers, onions & mozzarella cheese baked in a flour tortilla. Served with a side of sour cream

### **Southern Fried Pickles 6**

Served with a parmesan ranch dipping sauce

### **\*Spinach and Artichoke Dip 9**

Cheesy bubbling hot spinach and artichoke dip served with homemade pita bread for dipping  
Add \$5 for Gluten Free

### **Homemade Meatballs 8**

A trio of our Chef's house made ground pork & beef meatballs served with marinara sauce, shaved pecorino cheese & garlic bread sticks

### **\*STFU Notches 9**

Homemade fried potato nachos (CHIPS) topped with BBQ, Jack cheese, bacon, tomatoes and scallions . . . Served with ranch dip. **BBQ Pulled pork add...3**

### **\*Hummus 6**

Served with freshly baked pita bread  
Add \$5 for Gluten Free

### **\*Buffalo Chicken Dip 9**

A blended blue cheese mix with pulled chicken. Served with homemade pita bread  
Add \$5 for Gluten Free

### **Southwestern Egg Roll 7**

Rolled with black beans, peppers & corn. Served with an avocado ranch sauce

### **Basket O Fries (seasoned) 4**

**Add 2.00 for Oven melted cheese**

## Raw Bar

**A selection of the freshest oysters & Shrimp available . . . Priced Daily**

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